

## Lunula Laser Article – That's Life Magazine UK



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**MY PROBLEM**  
I loved long nails and used to have false ones glued on. The only trouble was they were hard to remove, sometimes pulling off layers of the natural nail with them.  
After a year of using them, a real nail on my right hand turned yellow. 'It's a fungal infection,' a nail technician said. She gave me lotion to paint on the nail to try to kill the infection but warned me it might spread.  
That bothered me. I think men look at a woman's nails to see how she maintains herself.  
So when two more nails went yellow, I stopped using false ones.  
But it was too late. My damaged nails looked ragged, with dirty yellow crusts underneath and at the sides – and they hurt.  
Over-the-counter remedies didn't help, and my GP said oral treatments would be bad for my liver so wouldn't prescribe them.

**Before**



**My nails now**



**WHAT WORKED**  
Looking online, I found a nail laser clinic in London. The treatments were expensive but sounded promising, so I booked myself in.  
At the appointment, a therapist cut all my nails right down. Then she zapped the infected ones with a blue-light laser that made me jump.  
Afterwards, she handed me some antifungal cream. 'You must keep using this,' she instructed.  
Weeks later the yellow faded, so I stopped using the cream. But the crusts and yellowing returned.  
Back at the clinic, I had a cold laser treatment called Lunula on all 10 nails, placing my hands inside a machine for three minutes. I was also given an antifungal cream to use each time I washed my hands.  
In total I spent £600 on laser treatments and creams, but six months on I'm a lot happier. The yellow's gone and my nails are pink and natural-looking. I'm confident about my hands again.

It cost a lot but it worked

**DO IT THIS WEEK!** Start drinking green tea – it could help protect

**£250**